

# THE PAS HEALING EXPERIENCE

**BOOK YOUR  
PACKAGE  
TODAY!**

**TAWOW! WELCOME TO THE PAS, TREATY 5 TERRITORY!**

**JOIN US ON NOVEMBER 21 TO 23, 2023  
OR NOVEMBER 28 TO 30, 2023**

Participate in an immersive learning experience, guided by Indigenous leaders and allies. This experience will provide insight into Indigenous and Cree culture. You'll have the opportunity to hear the stories that need to be heard and enter a transformative journey that will spark insight into self.

Over the span of three days, you will learn:

- How to honour the land and our Indigenous ancestors
- About the traditional trapper lifestyle that originates from our Indigenous ancestors
- How to survive in the wilderness and how to forage for food

And most importantly, you will enter a journey of learning more about yourself!

***Indigenous tourism is Reconciliation in action.***



*Itinerary and packages were developed in partnership with Indigenous partners, and reviewed by Opaskwayak Cree Nation.*



**PRICE**  
**\$1,195**  
**PLUS TAXES & FEES**

**Includes Airfare,  
Accommodation,  
All Meals,  
Non-Alcoholic  
Beverages &  
Experiences**

**Only Ten Spots  
Available per Date**

Does not include  
gratuities, and or taxes  
and fees.

**THANK YOU TO OUR  
TOURISM PARTNERS:**

Richard Danielson &  
Adrianna Sawchyn of  
Aurora Sacred Healing  
Maureen Brown, OCN  
Councillor  
Sherwin Moore  
Al McLachlan of Birch  
Syrup  
Evergreen Lodge  
UCN  
Calm Air  
Heartland Travel + Tours  
Communities Economic  
Development Fund  
PrairiesCan

*Sample Itinerary:*

**DAY 1** (TUESDAY)

- 1:20 p.m. Flight arrival with Calm Air
- 2:00 p.m. Check-in
- 2:30 p.m. Lunch by Aurora Sacred Healing
- 3:30 p.m. Education session with Indigenous partner, Maureen Brown, Opaskwayak Cree Nation Councilor, followed by a tea sampling and meditation by Adrianna Sawchyn, Aurora Sacred Healing
- 5:00 p.m. Sweat Lodge (optional) with Indigenous partner, Sherwin Moore  
Dinner by Aurora Sacred Healing (moose stew and bannock)  
Traditional music by Indigenous partner, Don Brown
- 8:00 p.m. Sleep at Evergreen Lodge

**DAY 2** (WEDNESDAY)

- 8:00 a.m. Breakfast by Aurora Sacred Healing with birch syrup tasting by Al MacLachlan
- 9:00 a.m. Survival wilderness training: Learn how to build a fire, feed off the land and how to build a shelter with Aurora Sacred Healing
- 10:30 a.m. Winter hike through Rat's Creek and build a shelter outdoors
- 12:30 p.m. Shore fish fry by Indigenous partner, Richard Danielson of Aurora Sacred Healing
- 1:00 p.m. The history of trapping, by Indigenous partner, Richard Danielson of Aurora Sacred Healing
- 2:00 p.m. King & Queen trapper competition\* by Indigenous partner, Richard Danielson & Adrianna Sawchyn of Aurora Sacred Healing (\*Not Associated with the Original Manitoba Trapper's Festival)
- 6:00 p.m. Outdoor cooking class with Aurora Sacred Healing
- 9:00 p.m. Sleep at Evergreen Lodge  
Aurora borealis viewing and star gazing with Al MacLachlan

**DAY 3** (THURSDAY)

- 8:00 a.m. Breakfast & yoga by Aurora Sacred Healing
- 2:00 p.m. Flight departure with Calm Air

Calm Air would like to recognize CEDF with the support of PrairiesCan for providing financial assistance for this new and exciting marketing campaign and/or offering.

\*Itineraries are subject to change

**Fly North for  
ADVENTURE**



**BOOK NOW**

**Spots are limited, reserve yours  
today at 204.989.9634 or at  
calmair.com**